

**Guidelines for import of Personal Medicines via Travelers to UAE**  
**(Updated on Jan 2008)**

**General Guidelines**

- The Pharmacy Federal Law No 4 for 1983 regulates the import of medicines and controlled medicines in UAE.
- Majority of medicines worldwide which are used to treat different types of diseases are available in big community pharmacies and hospitals in UAE.
- The unlicensed controlled medicines can only be imported via hospitals and not allowed to be imported by individuals or travelers without prior permission from UAE Ministry of Health
- For any rules to import personal medicines below, traveler / patient are advised to seek Drug Control Department prior traveling or importing the medicines to UAE.
- The Drug control Department in UAE Ministry of Health will study and evaluate each traveler case for importing medicines individually prior granting any approval.
- Ministry of Health Inspectors at Airport / Sea Port /Post & Currier offices and Customs departments are inspecting each personal Parcel / Package
- List of followings documents are provided here :
  1. Schedules of Narcotic Substances
  2. List of Registered Controlled medicines in Ministry of Health

**Rules for Personal Import**

Drug Control Department, have strict regulations for personal import as following:

1. **Narcotic Medicines and Narcotic Substances**

- **Narcotic Medicines:** These medicines are not allowed to be imported to UAE via travelers. These medicines are strictly controlled by UAE Ministry of Health and Interior and are controlled by International Narcotic Controlled Board (INCB) too. The Ministry of Health will allow only a **Supply for One Month, however this is strictly regulated and requires authenticated medical report**, look at the point 2.00 for detailed regulation, precautions and instructions.
- **Narcotic Substances:** These Controlled Substances Schedules which are ***absolutely prohibited*** to import via travelers and is controlled by Ministry of Health, Ministry of Interior and INCB, breaching this rule is considered to be as a violation to UAE Laws and individuals will be prosecuted accordingly. (Attached are the schedules).

2. **Medicines in CD-A and CD-B List**

- Travelers needs to get genuine official medical report signed and stamped by licensed physicians , approved and attested by the health department/ ministry in the foreign country.
- CD A / B Medicine can be maximum **supply for one month only**.



- The travelers must have original medical report ((name and address of patient. Name of medicine and dispensing writing in letters, quantity, strength, duration of treatment, dosage form and, description / diagnosis of the medical case)) stamped by physician and attested from health authority in the foreign country and UAE / other Arabian gulf country embassy in Country of foreign. Otherwise it won't not be allowed to enter in to UAE, and it will be reported as police case some time, depending on the type of medicines), because these items are strictly controlled by UAE Ministry of Interior and Ministry of Health too.
- Psychotropic Medicines in CD A /CD B list must be prescribed by the specialists or consultant's physicians in the country of travelers if it would be supplied for 30 day only.

### 3. Import of regular medicines ( Prescription only medicines)

- Import for regular types of medicines which don't contain any controlled or semi controlled item the traveler should bring genuine medical records from the physician attested and stamped by the physician in their country of foreign).
- This medicine can be maximum supply for **three months only**.

### 4. Import of unlicensed medicines

- Travelers are not allowed to import of unlicensed / unregistered / banned medicines .it is prohibited by the UAE Federal Law no 4 for 1983 to bring unlicensed medicines into UAE.

### 5. Cancelled Medicines

- Cancelled Medicines are either;
  - the products which have been registered in Ministry of Health previously but cancelled after sometimes for safety or quality defects
  - Products which have been not authorized to register or distribute or suspending from registration.
- Travelers are not allowed to import cancelled medicines as these are considered to be banned for use in UAE (Attached is the list).

### Notice

- Codes used in the attached file are Narcotics, CD (A) and CD (B) which are only used for the healthcare professionals (Doctors and Pharmacists); for Dr's on how to prescribe the medicines and for pharmacists on how to dispense the medicines, and register them for inspection purposes by our inspectors".
- To view the list of Controlled and narcotics medicines, go to Registered Medicines & Formulary in UAE section in our website.
- If any travel has any doubt, then it's advisable to check their medicines with Drug Control Department of UAE Ministry of Health prior traveling to UAE.
- For inquiries , please contact the Drug Control Department on :  
Tel: + +9712 6117342 or 971 02 6334958  
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